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PurePea™ is a natural pea protein isolate that's delicious and very easy to digest. Made from North American grown yellow peas, PurePea™ contains no dairy, making it ideal for even the strictest vegetarians. And, it is produced with a natural fermentation process which uses no chemical solvents.

### Low Allergen

PurePea™ is a safe alternative for people with allergies to milk and milk products who must avoid casein or whey proteins, and for those with lactose intolerance.

### Clear Advantages Over Soy

- Easy to absorb - does not contain anti-nutritional factors such as phytates and tannins that are found in soy which can inhibit absorption of minerals including iron, zinc, and calcium. Vegan diets are also known to be high in phytates.
- Soy is known to have estrogenic effects that are not always desired. Pea protein contains low levels of isoflavones (estrogen-like compounds), minimizing possible estrogenic effects.

### PurePea™ for Athletes

For athletes and bodybuilders who cannot tolerate whey protein, PurePea™ is a great choice. It contains a well-balanced amino acid profile, close to that of whey protein. Its excellent array of these building blocks of protein, including high levels of BCAAs (branched chain amino acids), makes it a great protein source for athletes and anyone who is physically active. PurePea™ is excellent to use before, during, and after exercise, as adequate intake of protein, in particular BCAAs, helps to promote muscle growth and repair, particularly after strenuous resistance training.

PurePea™ is available in vanilla, chocolate and unflavored versions.

The vanilla and chocolate versions are sweetened with the natural herb stevia.

### Highlights of PurePea™

- ▶ Low Allergen
- ▶ Non-GMO
- ▶ Grain-free
- ▶ Gluten-free
- ▶ Dairy-free
- ▶ Soy-free
- ▶ Fructose-free

### PurePea™ may benefit:

- ▶ Athletes/bodybuilders sensitive to whey
- ▶ Vegetarians/vegans
- ▶ People with dairy allergies/lactose intolerance
- ▶ Those seeking to improve cholesterol levels

### PurePea™ Unflavored/Unsweetened

## Supplement Facts

Serving Size 30 grams (approx. two scoops)

Servings Per Container 15

Amount Per Serving		% Daily Value
Calories	120	
Calories from Fat	15	
Total Fat	1.5 g	2%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	1 g	1%*
Protein (from pea)	24 g	48%*
Calcium (from pea protein)	50 mg	6%
Iron (from pea protein)	6 mg	35%
Sodium	390 mg	15%

\*Percent Daily Values are based on a 2,000 calorie diet.

**Other Ingredients:** Silicon dioxide.

### PurePea™ Vanilla

**Other Ingredients:** Natural vanilla flavor, certified organic stevia leaf extract powder, silicon dioxide.

### PurePea™ Chocolate

**Other Ingredients:** Cocoa powder, natural flavors, certified organic stevia leaf extract powder, vegetable cellulose, silicon dioxide.

For a list of references cited in this document, click on the related research link [http://www.ncbi.nlm.nih.gov/sites/myncbi/collections/public/1dY9Tef5coa\\_SnfOVJSgeuMAo/](http://www.ncbi.nlm.nih.gov/sites/myncbi/collections/public/1dY9Tef5coa_SnfOVJSgeuMAo/)

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